

The National Consortium on Stigma and Empowerment collaborates with a diverse body of stigma researchers towards the goal of empowering people with lived experience of mental illness. The following individuals have been named Affiliated Fellows of NCSE, in recognition of their significant achievements and impact on the field of stigma and empowerment research.



Dr. Dinesh Mittal

Dr. Mittal is a psychiatrist at the Central Arkansas Veterans Healthcare System and an investigator at the VA HSR&D Center for Mental Healthcare and Outcomes Research (CeMHOR). He is an Associate Professor at University of Arkansas for Medical Sciences. He received research support for a career development award from VISN 16 for testing an

intervention to improve adherence among older persons with serious mental illness. In addition, he has received research support for projects from National Institutes of Health, National Institute on Aging, Alzheimer's Disease Center, Memory Disorders center at UAMS, and CeMHOR. His current interests include stigma of mental illness, both public and self-stigma, and how it affects delivery of quality care to Veterans, and interferes with help seeking and engagement in care among Veterans. He has utilized quantitative and qualitative methods to study provider stigma in an HSR&D study investigating stigmatizing attitudes among providers towards persons with serious mental illness. Additionally, he conducted a study evaluating perceived stigma associated with PTSD among OEF/OIF Veterans. Recently, he concluded a review of empirical self-stigma reduction strategies that was published in *Psychiatric Services*. His clinical and research experiences have led him towards studying provider stigma due to the huge opportunity he sees, as providers, to make a difference in the delivery of quality care for our patients. Click [here](#) to view Dr. Mittal's CV.



□ □ Dr. Nicolas Rüsch

Nicolas Rüsch is a Professor of Public Mental Health and consultant psychiatrist at the Department of Psychiatry II and BKH Günzburg, University of Ulm, Germany. He received his clinical training in adult psychiatry and neurology at the University of Freiburg, Germany, and in Rome, Italy, and later on worked for two years as a research fellow with Prof. P.W. Corrigan, Chicago, on mental illness stigma. In cooperation with colleagues at the Psychiatric University Hospital Zürich, Switzerland, he studied stigma in the context of at-risk states for psychosis, compulsory admission, supported employment; and examined the efficacy of the peer-led Coming Out Proud program.

More info at:

http://www.uni-ulm.de/psychiatriell/public_mental_health/eng_nicolas_ruesch_pmh.htm



group of young people, aged 15-24, who are at the



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